## FORV/S

An Ounce of Prevention:
Denials
Management for Hospitals

February 15, 2023



### TO RECEIVE CPE CREDIT

- You must respond to at least 3 of the 4 polling questions per CPE hour
- You must be logged in for a minimum of 50 minutes per every CPE hour in order to receive CPE credit



## Learning Objectives

By the end of this session, you will be able to

Explain the impact denials have on performance

Understand how to measure & monitor denials performance

Discuss how to use denials analytics to drive performance improvement

Understand how payors pay & process or deny claims

## Agenda

5 minutes

Introductions

25 minutes

Insurance Denials Impact on Healthcare Organizations

25 minutes

Implementing a Denials Prevention Strategy

- Assessing Denial Reduction Opportunity
- Implementing a Denials Prevention Program Structure
- Using Denials Data to Drive Improvement
- Monitoring & Measuring Denials Performance

5 minutes

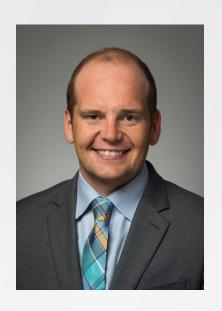
Questions

### **Meet the Presenters**



Dan Clark
Managing Director
dan.clark@forvis.com

Healthcare Performance Improvement



Ryan Rozwat
Director
ryan.rozwat@forvis.com

Healthcare Performance Improvement



Nate Thiry
Business Development
Executive
nate.thiry@forvis.com

Healthcare Performance Improvement



Insurance Denials
Impact on Healthcare
Providers



## Insurance Denials' Great Impact on Providers

Insurance Denials Have a Large Impact on Organizations' Financials & Patient Experience

#### **Financial Impact**

- 3.3% hospitals' net revenue lost due to claim denials\*
- \$4.9M average hospital annual net revenue lost due to denials\*\*
- 12% of total hospital claim charges submitted received an initial denial\*\*\*

#### **Cost of Re-Work**

- \$118 average to formally appeal a denied claim\*
- Re-work Costs including staff & vendor labor (10 to 25% of payments in some cases)
- Reduced speed to payment & AR resolution

#### **Patient Experience**

- Unexpected patient liabilities
- Delay in patient care or statements received
- Required patient involvement in complex appeals process

- Healthcare Business Insight (HBI) Hospital Financial Benchmarks Q1 2022 National Average\*
- Change Healthcare Study 2022\*\*
- Change Healthcare Study 2016\*\*\*



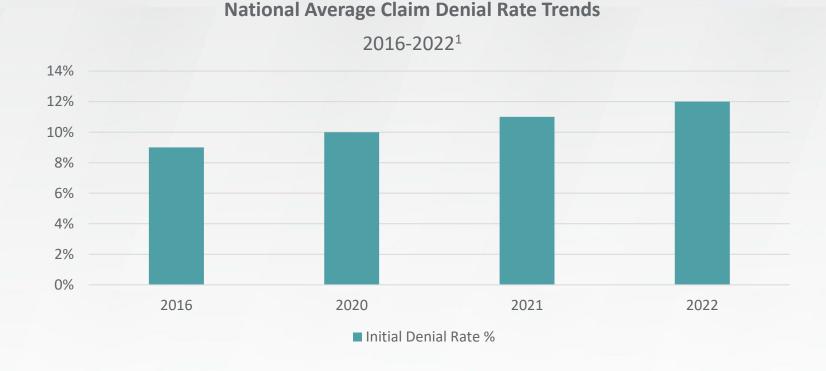
## Insurance Denials Are Not Slowing Down

Year over Year Insurance Denials & U.S. Healthcare Complexity Continue to Rise

**3%** Increase in National Average Insurance Denial Rate from 2016 to 2022<sup>1</sup>

**100,000** Estimated number of payor policy changes between 2020-2022<sup>2</sup>

**12%** of all provider claims submitted are partially or completely denied<sup>1</sup>



<sup>&</sup>lt;sup>1</sup>2022 revenue cycle denials index Change Healthcare <sup>2</sup>Experian Healthcare Survey June 2022



## Denial Reduction Is a Top Priority for Providers

Recent survey identified denial reduction as a top priority for healthcare professionals & key challenges to address

#### According to a Recent 2022 Survey<sup>1</sup> of healthcare professionals

- **75%** of survey responses indicated reducing denials is their highest priority & 70% said it is more important than prior to the pandemic
- Top three reasons healthcare professionals believe claims denials are on the rise
  - Insufficient data analytics (62%)
  - Lack of automation in the claims/denials process (61%)
  - Lack of thorough training (46%)

<sup>1</sup>Experian Health - The State of Claims 2022



## **Provider Challenges Addressing Denials**

Our clients & healthcare providers at large continue to struggle to reduce insurance denials & revenue loss from preventable operational issues

1

**Revenue Cycle Staffing –** Staffing & turnover challenges in revenue cycle have limited an organization's ability to proactively approach prevention initiatives & staff education

2

**Denial Visibility & Reporting –** Complex system & reporting limitations have limited providers' ability to prevent denials & monitor appeal success



**Regulatory & Payor Complexity –** Providers continue to have difficulties adhering to constantly evolving regulatory requirements & successfully defending post-payment audits

Experian Health - The State of Claims 2022



# Assessing Denials Reduction Opportunity



## Start with Assessing Denial Write-Off Reduction Opportunity

One of the first steps in reducing denials is understanding where & how much revenue you are losing & the financial opportunity for reduction.

Annual Denial Write-Offs by Adjustment Category	Gross Denial Write-Off Total
Authorization	\$23,344,000
Medical Necessity	\$17,508,000
Timely Filing	\$11,672.000
Credentialing	\$2,334,400
Late Charges	\$1,167,200
Total Gross Annual Denial Write-Offs	\$58,360,000
Estimated Blended Net Collection Rate	25.8%
Estimated Net Annual Denial Write-Offs	\$15,056,880
Annual Denial Write-Off Reduction Opportunity	
10% Reduction Net Annual Denial Write-Offs	\$1,505,688
20% Reduction Net Annual Denial Write-Offs	\$3,011,376
30% Reduction Net Annual Denial Write-Offs	\$4,517,064



## **Assess Opportunity to Reduce Re-Work Costs** in Addition to Revenue Loss

Organizations have significant re-work costs in addition to net revenue loss due to insurance denials that are difficult to quantify

Denial Re-Work Cost Reduction Opportunity	Total
Estimated Annual Accounts Requiring Staff Resolution Effort (Accounts Worked) <sup>1</sup>	162,847
Current Average Minutes to Work an Account <sup>2</sup>	11.0
Estimated Average Hourly Staff Rate <sup>3</sup>	\$28
Opportunity Estimation	
30% Reduction in Denied Account Resolution Time (11 minutes to 7.7 minutes)	\$250,000
40% Reduction in Denied Account Resolution Time (11 minutes to 7.2 minutes)	\$365,000

<sup>&</sup>lt;sup>1</sup> Example Hospital Insurance Accounts Multiplied by Claim Denial Rate & 2x additional re-work factor



<sup>&</sup>lt;sup>2</sup> Example Avg. Minutes to work (HBI low range of accounts worked per hour)

<sup>&</sup>lt;sup>3</sup> Example Estimated blended Avg Hourly Labor Rate (AR team, Specialized Clinic Staff)

# Implementing a Denials Prevention Structure



## A Strong Foundation Leads to Sustainable Success

Important for the entire organization to establish a vision for success that starts with identifying what success looks like through a committee charter that incorporates key elements

- Clear Committee Structure Roles & Responsibilities
- Consistent Meeting Structure, Agenda, & Cadence
- Denials Prevention Key Leader
- Success Metrics



## **Identify Denials Prevention Leaders**

Important to identify diverse group of stakeholders as denials reduction improvement spans across the organization.

		Hospital Stakeho	older Sample Structur	'e	
Executive Sponsors	<ul><li>CFO</li><li>Clinical Executive</li></ul>				
Committee Lead	•	•	anding of overall operation revenue integrity departs	nal process flow & ability to ment	o provide unbiased
	Patient Access	Coding/HIM	PFS	Inpatient/UR	Clinic
Project Owner	<ul> <li>Director – Patient Access</li> </ul>	<ul><li>Director – Coding/HIM</li></ul>	<ul><li>Director –</li><li>Business Office</li></ul>	<ul><li>Director – Case Management/UR</li></ul>	<ul> <li>Clinic Operations</li> <li>Exec Leader</li> </ul>
Project Support	<ul> <li>Supervisor – Patient Access</li> </ul>	<ul><li>Supervisor – Coding/HIM</li></ul>	<ul> <li>Supervisor –</li> <li>Business Office</li> </ul>	<ul> <li>Supervisor – Case Management/UR</li> </ul>	<ul> <li>Team Lead –</li> <li>Clinic Operations</li> </ul>
IT Support	<ul><li>IT Director</li><li>Lead Analyst</li></ul>	'	'	'	



## Establish Leader Roles & Responsibilities

Important for the entire organization to establish a vision that starts with identifying what success looks like through a charter

Role	Key Responsibilities
Exec Sponsors	<ul> <li>Oversight to the denial prevention initiatives</li> <li>Approve initial &amp; ongoing strategic objectives &amp; goals</li> <li>Support escalation of high-risk items &amp; requests</li> </ul>
Denial Prevention Leader	<ul> <li>Responsible for overall initiative project management</li> <li>Prepare, coordinate, &amp; lead monthly denials steering committee meetings</li> <li>Update team &amp; monitor project progress against timelines &amp; benefits</li> <li>Lead initial &amp; ongoing data analysis efforts &amp; guide strategic direction</li> </ul>
Project Support	<ul> <li>Perform or oversee root cause denial sampling</li> <li>Attend committee meetings &amp; provide input on project initiatives</li> <li>Organize sub-committee meetings</li> <li>Support implementation of agreed-upon initiatives</li> </ul>
IT/Reporting	<ul> <li>Lead &amp; champion improvement efforts involving IT or system updates or revisions</li> <li>Generate ad-hoc reporting as needed</li> </ul>



## Implement a Consistent Structure

Consistency is key for reducing denials & improving revenue cycle performance

Monthly Denial Steering Meeting Cadence						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- Denial Data Analysis, Root Cause Issue Identification, Improvement
- Denial Subcommittee Meeting Dates
- Denial Leadership Committee Dates



# Using Denials Data to Drive Performance Improvement



## **Convert Denial Data into Meaningful Information**

Convert Electronic Claim Response files (835s) & patient accounting system adjustment detail to useful information by cleansing, categorizing, & turning into actionable reporting

- Remit Reason codes into useful categories & preventable vs. unavoidable denials
- Additional useful categories including CPT code grouping, specialty, financial class, etc.

#### Electronic 835 file

SVC\*HC>90792\*324.98\*132.47\*\*1~ DTM\*472\*20220906~ CAS\*CO\*45\*159.12\*\*253\*2.7\*\*144\*-2.48~ CAS\*PR\*2\*33.17~

#### Patient Accounting System Write-Off Detail

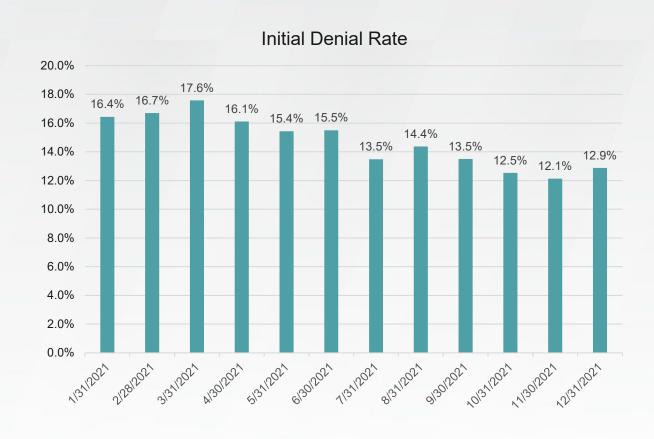
Account Num	Name	Svc Date	Procedure	Description	Write-Off Amount	Performing Provider
HV0021233095	FORVIS, John	12/6/2022	DMCRABTIMELY	Denial MCRA&B Timely	\$37,933	John Smith
HV0021355463	Johnson, Bob	12/1/2022	DHUMMCRNOAUT	Denial Hum MCR No Auth	\$28,381	Jane Doe



### **Assess Historical Claim Denials for Trends**

Perform an analysis of recent historical claim denial data to identify larger trends & themes across the organization & potentially "fatal" denial reasons & issues

Claim Denial Reason Category	Gross Denied (\$)	Gross Denied (%)
Authorization	\$61,400,262	24.7%
Medical Necessity	\$61,311,080	24.7%
Past Timely Filing	\$44,548,687	17.9%
Coordination of Benefits	\$19,029,681	7.7%
Eligibility/Registration	\$16,684,327	6.7%
Credentialing	\$15,159,975	6.1%
Coding	\$14,453,152	5.8%
Additional Documentation Needed	\$10,098,045	4.1%
Other	\$2,755,734	1.1%
Max Benefit Reached	\$1,666,693	0.7%
Billing Error	\$765,897	0.3%
Bundled	\$459,406	0.2%
Total Gross Claim Denials	\$248,332,938	100.0%

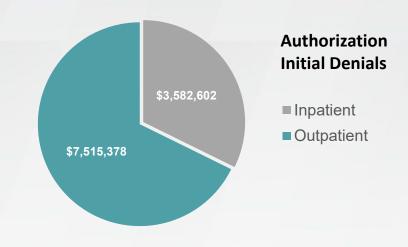




## **Perform Denial Data Mining**

Perform a deep-dive analysis across denial reasons, patient type, procedure code, location type, reason category, & procedure category to target specific initiatives

Denial/Non-Payment Reason Category	Denied Amount (\$)	Denied Amount (#)
Additional Documentation Needed	\$32,364,291	39,644
Authorization	\$11,097,981	10,504
Eligibility/Registration	\$8,922,371	14,132
Coordination of Benefits	\$7,633,978	13,444
Miscellaneous	\$4,917,687	8,420
All Others	\$19,387,811	36,860
Total	\$84,324,119	123,004



#### **Outpatient Authorizations**

Denial Reason Category	Denied Amount (\$)	Denied Amount (#)
Medication/Infusion	\$3,015,951	1,164
Surgical & Other Procedures	\$1,334,998	840
Radiology	\$798,202	812
Other	\$741,199	2,152
Radiation Oncology	\$484,131	60
All Others	\$1,140,898	2,024
Total	\$7,515,378	7,052

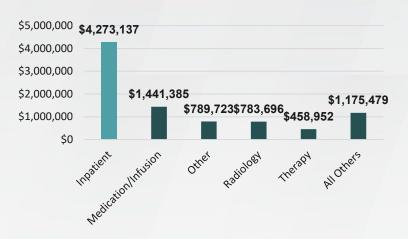
Top 3 Medication/Infusion CPT Codes	Denied Amount (\$)
HC-J9201 – Gemcitabine hcl injection	\$540,216
HC-J2505 – Injection, pegfilgrastim 6mg	436,174
HC-C9069 – Belantamab mafodontin- blmf	313,202
Total	\$1,289,592



## Perform Denial Data Mining (con't)

Denial/Non-Payment Reason Category	Denied Amount (\$)	Denied Amount (#)
Additional Documentation Needed	\$32,364,291	39,644
Authorization	\$11,097,981	10,504
Eligibility/Registration	\$8,922,371	14,132
Coordination of Benefits	\$7,633,978	13,444
Miscellaneous	\$4,917,687	8,420
All Others	\$19,387,811	36,860
Total	\$84,324,119	123,004

#### **Eligibility/Registration by Procedure Category**



#### **Eligibility/Registration – Inpatient Reason Categories**

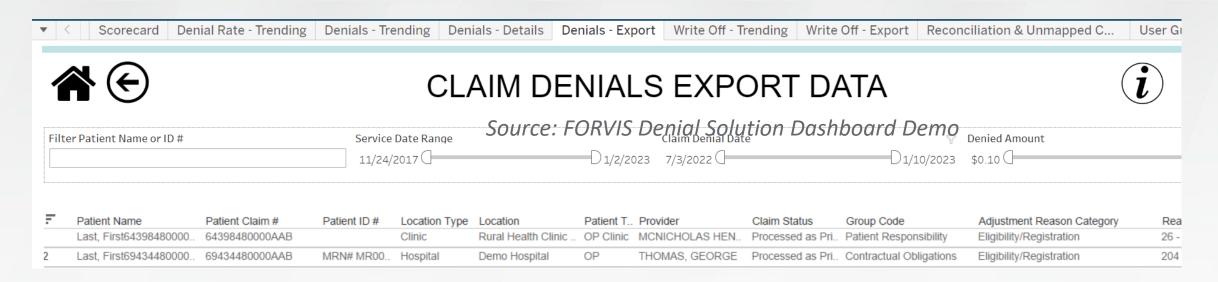
Denial Reason Category	Denied Amount (\$)	Denied Amount (#)
273 – Coverage/program guidelines were exceeded.	\$3,100,713	120
140 – Patient/Insured health identification number & name do not match.	\$544,202	216
177 – Patient has not met the required eligibility requirements.	\$212,291	112
26 – Expenses incurred prior to coverage.	\$127,294	240
272 – Coverage/program guidelines were not met.	\$80,672	220
All Others	\$207,965	968
Total	\$4,273,137	1,876

All \$3.1M driven by one payor



## **Identify & Sample Denied Claims**

Use denials data analysis to identify a population of accounts to uncover key root cause issues contributing to unpaid claims



Source: FORVIS Denial Solution Dashboard Demo



## Structured Denial Root Cause Issue Identification

Use a structured approach & templates for denial review to identify & quantify issues impacting performance

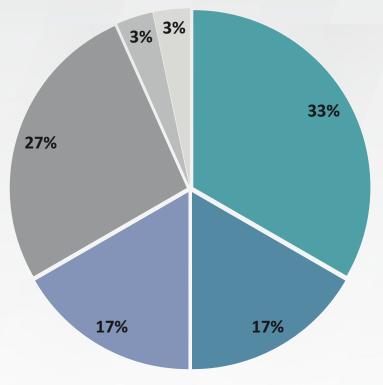
Account	Payor	IP Decision Criteria	Notification Submitted Timely	Clinicals Submitted Timely	Initial Review Complete	Concurrent Review Complete	Medical Necessity Met	DRG2	Additional Comments
4002270678-1	MERIDIAN HEALTH PLAN	MCG	Yes	Yes	Yes	Yes	Yes		This patient should be OBV from beginning.
4002262555-1	AETNA	MCG	Yes	Yes	Yes	Yes	Yes	812	Missing Physician Operative Report
4002250443-2	MOLINA	MCG	Yes	Yes	Yes	Yes	Yes	917	denied inpatient initially, p2p sch for 1/14 which overturned the MD decision to deny. Ref#2201191151
4002255841-1	AETNA	MCG	Yes	Yes	Yes	Yes	Yes	291	Denied inpatient, sent to UMPA, agreed to OBV, remit to OBV.
4002190886-7	IOWA TOTAL CARE	MCG	No	No	Yes	Yes	Yes	854	no auth tab created





## **Root Cause Analysis & Issue Tracking**

Consolidate & discuss root cause issue findings through meetings to steer performance improvement initiatives



Source: FORVIS Denial Solution Dashboard Demo

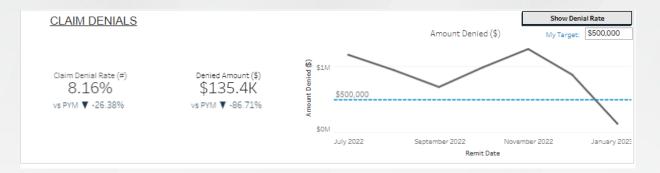
## Outpatient Authorization Denied Claims by Root Cause (20 Claim Sample)

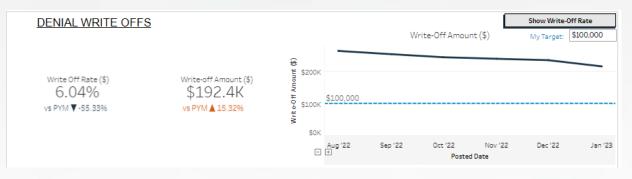
- Incorrect Insurance No Auth Required for registered insurance
- Retro Medicaid Found No Retro Auth Obtained
- Tech Revised Imaging Test Ordered Wrong CPT authorized
- Late Schedule Add-on Auth not obtained
- Auth Initiated Denied for Medical Necessity

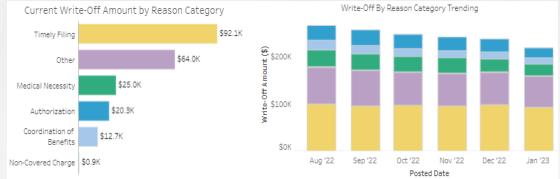


### **Denials Scorecard & Dashboard**

Implement an executive level to monitor improvements for visibility into baselines, targets, & industry benchmarks







\*Source: FORVIS Denial Monitoring Tool



# Monitoring & Measuring Denials Performance



## **Using Denial Metrics to Trend Performance**

Understand key performance metrics to measure organizational denials reduction performance

Metric	Value	Calculation	Primary Data Source		
Clean Claim Rate %	Trending indicator of successful claim submissions to the payor	Number of claims submitted that passed edits requiring no manual intervention / number of claims submitted	Claims Submitted Detail – Claim Scrubber		
*Remittance Denial Rate % (#)	Trending indicator of % of claims denied by payor	Total number of claims denied / Total number of claims remitted	835 Files		
Net Denials Written Off as % of Net Revenue	Trending indicator of revenue lost from denials	Net Dollars written off as denials / Average monthly net patient service revenue	Patient Accounting System & Income Statement		

<sup>\*</sup>A claim should be determined "denied" based on the claim adjustment reason code (CARC) & group code mapping provided on the response back from the payor. HFMA recommends excluding non-covered denials, denials for patient responsibility, RAC recoupments, duplicate denials, & shadow claims in denial rate



## Set Organizational Denials Targets & Goals

Establish initial baselines & targets for key performance indicators based on improvement towards industry benchmarks

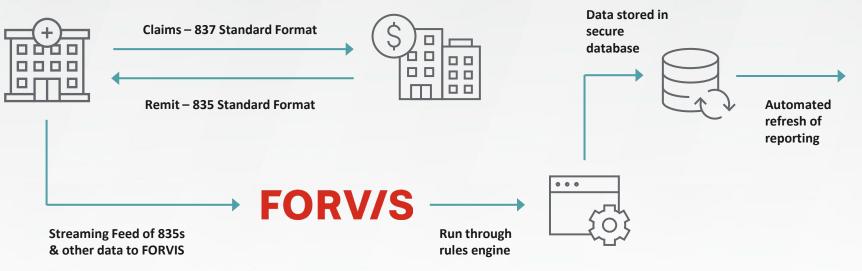
			Improvement Opportunity		Target Reduction			
KPI – Hospital	Top Quartile*	National Average*	Ryan Hospital (Baseline)	Top Quartile	Nat. Avg.	Conservative	Moderate	Aggressive
Clean Claim Rate %	95.93%	94.14%	75%	20.93%	19.14%	10.00%	15.00%	20.00%
Remittance Claim Denial Rate % (#)	8.0%	12.0%	15.0%	-7.00%	-3.00%	1.00%	2.00%	3.00%
Denial Write-Offs as a % of Net Patient Revenue	1.75%	3.44%	4.00%	-2.25%	56%	. 5%	1%	1.5%

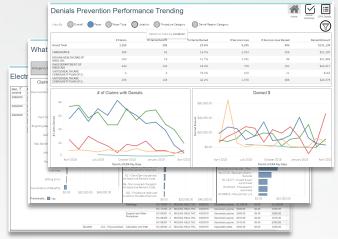
<sup>\*</sup>Source: Healthcare Business Insight (HBI) Hospital Financial Benchmarks Q1 2022 National Average



## FORVIS' Denials Management Monitoring Approach

- FORVIS receives an automated feed of the organizational electronic insurance claim response data (835s) & uses a rules engine to turn this information into timely meaningful insights to help support identification of root cause issues driving denials
- Rapid initial installation timeline (average 4 weeks)





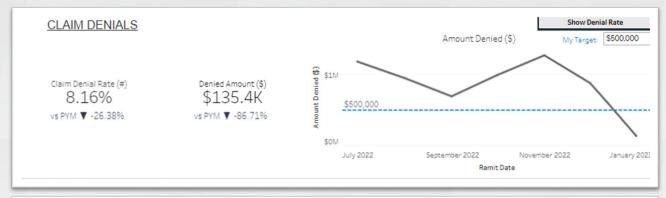
Meaningful visuals & reporting useful for all levels & areas within organization to prevent claim denials (Operational, Financial, Clinical)

Source: FORVIS Denial Solution Dashboard Demo

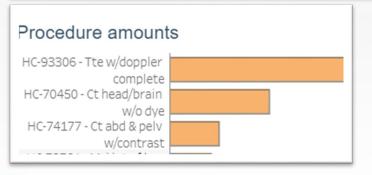


## FORVIS' Denials Management Monitoring Approach

- Quick Install & Low Maintenance
- Consolidated denial reporting across locations & specialties
- Visibility into denials revenue impact, trends, & performance
- Detailed analysis & claim level drill-down capabilities
- Facilitates denial visibility & prevention strategy











## **CONTINUING PROFESSIONAL EDUCATION (CPE) CREDIT**



FORVIS, LLP is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website: <a href="https://www.nasbaregistry.org">www.nasbaregistry.org</a>

## **CPE CREDIT**

- CPE credit may be awarded upon verification of participant attendance
- For questions, concerns, or comments regarding CPE credit, please email FORVIS at <a href="mailto:cpecompliance@forvis.com">cpecompliance@forvis.com</a>

